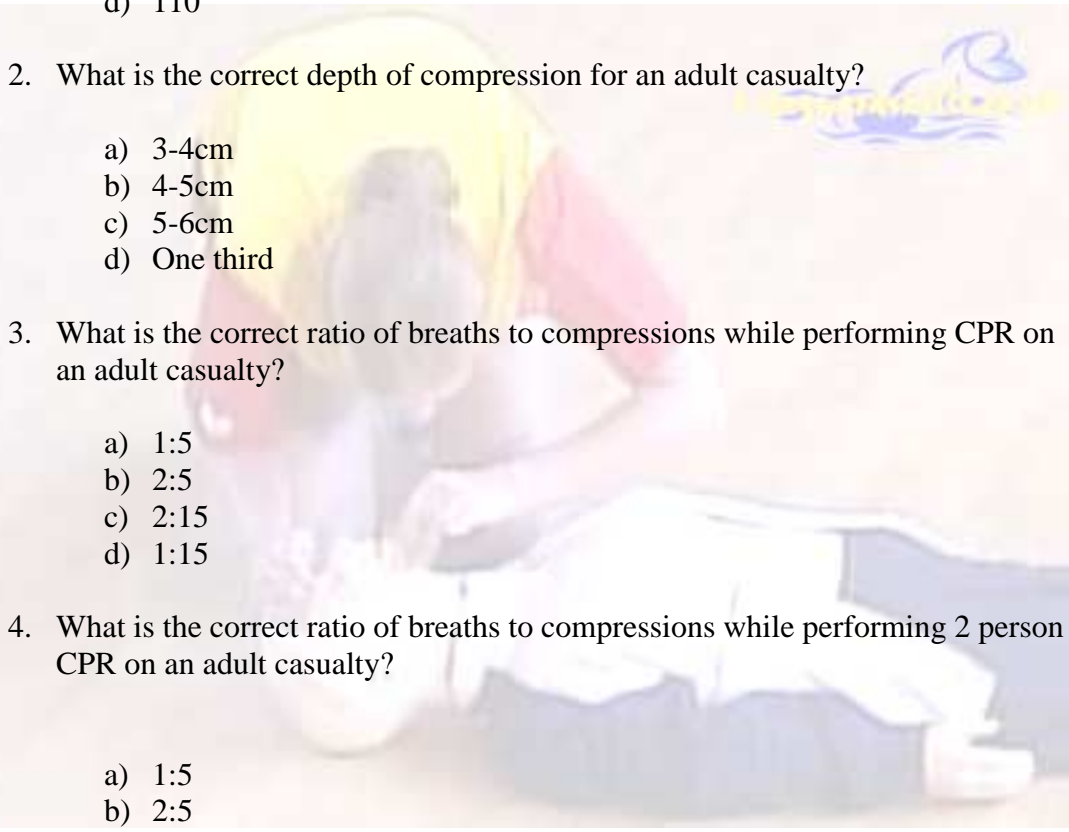
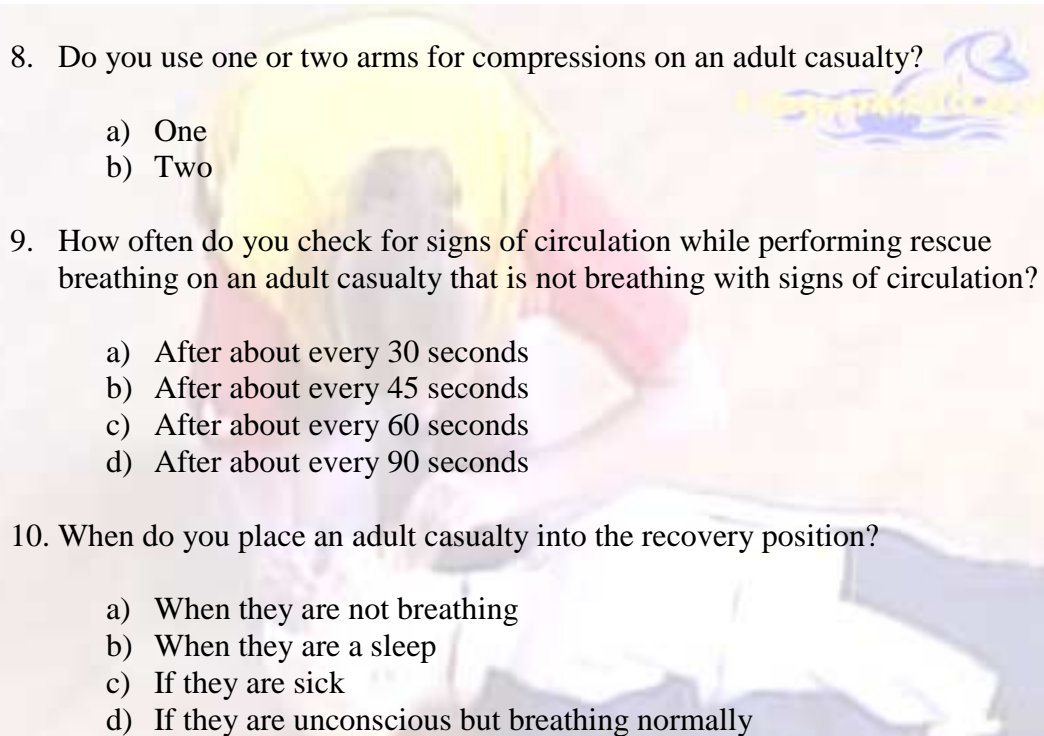


Adult CPR Question Paper

1. What is the rate of compressions on an adult casualty?
 - a) 80
 - b) 90
 - c) 100
 - d) 110
 2. What is the correct depth of compression for an adult casualty?
 - a) 3-4cm
 - b) 4-5cm
 - c) 5-6cm
 - d) One third
 3. What is the correct ratio of breaths to compressions while performing CPR on an adult casualty?
 - a) 1:5
 - b) 2:5
 - c) 2:15
 - d) 1:15
 4. What is the correct ratio of breaths to compressions while performing 2 person CPR on an adult casualty?
 - a) 1:5
 - b) 2:5
 - c) 2:15
 - d) 1:15
 5. What is the correct method of obtaining an airway on an adult?
 - a) Head tilt
 - b) Head tilt, chin lift
 - c) Head tilt, chin lift, check mouth
 - d) Head tilt, check mouth, chin lift
- 
- A background image showing a person in a red shirt performing CPR on a person lying on the floor. The person performing CPR is kneeling and leaning over the casualty, with their hands positioned on the chest. The casualty is lying on their back with their arms extended to the sides. The background is a plain, light-colored wall.

6. To check response on an adult casualty do you?
- a) Gently shake shoulders and ask loudly “Are you all right?”
 - b) Shake shoulders and ask “Can you hear me open your eyes”
 - c) Ask loudly “Are you OK?”
 - d) Gently shake shoulders and pinch the ear
7. To check for signs of circulation on an adult casualty do you?
- a) Feel for a pulse in the neck
 - b) Look, listen and feel for normal breathing, coughing or movement
 - c) Feel for a pulse in the wrist
 - d) All of the above
8. Do you use one or two arms for compressions on an adult casualty?
- a) One
 - b) Two
9. How often do you check for signs of circulation while performing rescue breathing on an adult casualty that is not breathing with signs of circulation?
- a) After about every 30 seconds
 - b) After about every 45 seconds
 - c) After about every 60 seconds
 - d) After about every 90 seconds
10. When do you place an adult casualty into the recovery position?
- a) When they are not breathing
 - b) When they are asleep
 - c) If they are sick
 - d) If they are unconscious but breathing normally
- 
- A photograph showing a person in a red shirt performing CPR on a casualty lying on the floor. The person is leaning over the casualty, and their hands are positioned on the chest. The background is a plain wall with a logo in the top right corner.