

Adult Choking Question Paper

1. If the casualty is conscious but breathing, despite evidence of obstruction what is the initial action to take?
 - a) Give up to 5 sharp back blows
 - b) Encourage casualty to cough
 - c) Perform up to 5 abdominal thrusts
 - d) Perform 15 chest compressions

2. The casualty shows signs of exhaustion and the obstruction is complete what action should you take?
 - a) Give up to 5 sharp back blows
 - b) Encourage casualty to cough
 - c) Perform up to 5 abdominal thrusts
 - d) Perform 15 chest compressions

3. If the answer you gave in question two is not effective what is the next action you should take?
 - a) Give up to 5 sharp back blows
 - b) Encourage casualty to cough
 - c) Perform up to 5 abdominal thrusts
 - d) Perform 15 chest compressions

4. You have an unconscious casualty that is not breathing. You try to give two effective rescue breaths that are unsuccessful do you?
 - a) Check for signs of circulation
 - b) Try another 3 rescue breaths 5 attempts in all
 - c) Try another 2 rescue breaths 4 attempts in all
 - d) Carry out 15 chest compressions

5. Your efforts to administer rescue breaths fail what is the next course of action to take?
 - a) Check for signs of circulation
 - b) Try another 3 rescue breaths 5 attempts in all
 - c) Try another 2 rescue breaths 4 attempts in all
 - d) Carry out 15 chest compressions

6. When performing abdominal thrusts do you?

- a) Pull sharply upwards
- b) Pull sharply inwards
- c) Pull sharply inwards and upwards
- d) Pull in any direction

7. When giving back blows what part of the hand do you use?

- a) The heel of your hand
- b) The palm of your hand
- c) The back of your hand
- d) The tips of your fingers

8. When administering back blows do you?

- a) Give 5 back blows to ensure obstruction is removed
- b) Aim to relieve the obstruction with each blow , so all five need not be given
- c) Make blows harder if they are not effective
- d) Give them a glass of water

9. If after 5 attempts at back blows and 5 attempts at abdominal thrust are not effective do you?

- a) Perform CPR
- b) Continue back blows
- c) Continue abdominal thrusts
- d) Repeat cycle of back slaps and abdominal thrusts

10. If the casualty is unconscious do you carry out abdominal thrusts?

- a) Yes
- b) No

